

Ciara Stanley

Coppenagh House Farm

CONTACT DETAILS

T: +353 87 780 9482

E: coppenaghfarm@gmail.com

Instagram: [@coppenagh_house_farm](https://www.instagram.com/coppenagh_house_farm)

www.coppenaghfarm.ie



Ciara Stanley, from Tullow, Co. Carlow is something of a serial entrepreneur. She and her husband Robert have run Coppenagh House Farm, selling their own beef, pork, bacon and honey, since launching the farm shop on 21 August 2022. Ciara has also run her own business, Ardattin Embroidery, since 2015, and took full ownership of Ballybar Ireland, a country clothing and lifestyle brand, in 2022. In May 2023, she expanded the range of products in the farm shop and added floorspace for Ballybar and a dedicated workspace for the embroidery business, alongside an outdoor coffee barn that now hosts yoga, pilates, sound bath healing, fitness events and coffee mornings. Ciara left her full-time employment in media advertising and sales in March 2022 to focus on her businesses.

Coppenagh House Farm aims to bridge the gap between consumer and producer and showcase the couple's working farm to the public; they now employ eight part-time staff. Coppenagh beef has been used by celebrity chefs including Edward Hayden, JP Mahon and Charlo the Chef, and the farm also hosts a range of community and agricultural events throughout the year.

Ciara's businesses have picked up several awards, including the Carlow Powerhouse Female Entrepreneur of the Year award, a Google "You're the Business" award, and Carlow Chamber Awards for Best Online Presence (2025) and Best Presented Premises (2024). She spoke on Bord Bia Bloom's Sustainability Stage this year and remains a vocal advocate for women in agriculture.

Ciara says the support ACORNS participants gave each other was invaluable, as were the connections made through the programme.

With one eye always on expansion, Ciara has since launched an online shop for the farm's meat products, introduced corporate hampers, and begun running farm tours. She is now looking at developing further events to highlight Irish food and food provenance.

