

Carina Roseingrave

Burren View Farm



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Carina Roseingrave started her free range eggs business on the family farm she grew up on at the foothills of the Burren in Crusheen, Co Clare.

She and her brother Gerry have been running the 350-acre farm – which also has 100 dairy cows, sucklers and pedigree herds registered with the Irish Limousin Cattle Society and Irish Charolais Cattle Society under the Burrenviewfarm prefix – since their father passed away.

Carina, who also runs an after school childcare business in nearby Tulla, came up with the idea for Burren View Farm free range eggs when the childcare service was closed during pandemic lockdown in 2020.

She started with 50 hens and a small chicken coop, and she gathered the eggs by hand every day before selling them through an honesty box at the farm gate.

As well as word of mouth, Carina generated sales through TikTok and Instagram – with her videos on the platforms often getting over a million views.

When she joined the ACORNS programme in November 2023, Carina found that it gave her the confidence to expand her operation.

She built a fully functioning hen shed, registered it with the Department of Agriculture and increased her flock to 1,200 hens, which roam the lush green pastures of Burren View Farm producing a wholesome nutritional free range egg.

Carina now supplies free range eggs to local shops, cafés and restaurants as well as to her regular loyal customers and passing trade through the honesty box.

Carina found that the ACORNS programme boosted her confidence and really focused her mind on the business. She says it was brilliant to be surrounded by likeminded people going in the one direction and supporting each other.

Her plans include building a larger hen shed, breeding and showing top quality pedigree bulls and growing the dairy herd while ensuring that sustainability is at the heart of their farming process.

Providing early stage female entrepreneurs, living in rural Ireland, with the knowledge, support and networking opportunities to meet and even exceed their current aspirations.



An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine