

Asumpta Gallagher

Best Practice



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Asumpta Gallagher is the owner and founder of Best Practice, a Consultancy and Training Business, which specialises in the area of Primary Care and General Practice. She provides GPs with the tools, systems and processes to run a more streamlined and efficient business, which allows GPs more time to be the doctors they want to be.

Asumpta works in a number of different ways, which include one to one with GPs and their Staff; customised staff training; as well as General Business Consulting. She has particular expertise in conflict management, mediation and dealing with complex HR issues.

With more than 20 years' experience, working both as a Manager and a Business Consultant in this sector, Asumpta understands the unique challenges that are associated with running a patient centred business.

COVID_19 has brought about several opportunities for Best Practice, which have allowed the business to operate online. Since April 2020, Asumpta has been delivering educational and training webinars to GPs and their staff to help them meet the many challenges that the Global Pandemic has presented. She also successfully continues to provide most of her services online, which allows her to support many more GPs throughout the country.

Asumpta credits ACORNS for helping to build her confidence around her value as a business consultant and the services that Best Practice provides. Being around like-minded businesswomen, who offer peer support and understand the importance of valuing one's own business, was a hugely positive experience.

She is now in the process of recruiting a part time administrator, which will allow her more time to work on the business with a view to employing more team members in early 2021. Asumpta is open to collaboration with other businesses who work within healthcare and, in particular, Primary Care.

Providing early stage female entrepreneurs, living in rural Ireland, with the knowledge, support and networking opportunities to meet and even exceed their current aspirations.



An Roinn Talmhaíochta,
Bia agus Mara
Department of Agriculture,
Food and the Marine